

Title: Assistance for Autonomous and Semi-Autonomous Seniors in Private Retirement Homes

Code: 4757

Credits: 12

Duration: 180 hours

Training sector: Health (19)

Certification of studies: Skills Training Certificate (STC) (awarded exclusively by the school service centres or the school boards)

Authorized in: 2022

Mandated school service centre or school board: des Premières-Seigneuries

Participating school service centres or school boards: : de Saint-Hyacinthe, des Samares, des Portages-de-l'Outaouais, de la Pointe-de-l'Île, des Rives-du-Saguenay

Occupations: Orderly

Program of study objectives: Orderlies provide assistance and basic care to autonomous, semi-autonomous or non-autonomous elderly people in a residential setting. They aid residents with their daily activities, such as moving about and caring for their personal hygiene. Orderlies also work to prevent infection and contamination and to ensure the well-being and safety of residents.

Conditions of admission:

A person who meets the following conditions is eligible for admission to a program of study leading to an STC:

- 1** Has obtained at least Secondary III credits or the equivalent in the language of instruction, second language and mathematics;
 - or** Has obtained an Attestation of Equivalence of Secondary Studies (AESS);
 - or** Has successfully completed the General Development Test (GDT) with or without specific prerequisites.
- 2** Has interrupted their full-time studies for at least 12 months;
 - or** Is 18 years old when entering training;
 - or** Has obtained a Secondary School Diploma (SSD) or a Diploma of Vocational Studies (DVS) or their equivalent;
 - or** Meets the eligibility conditions of Emploi-Québec's workforce training measure.

This program is accessible via the [TCST-STC bridge](#).

PROGRAM OF STUDY CONTENT

AEP Code	Statement of the Competency	Hours
AEP 757-011	Determine where you stand vis-à-vis the training process involved and the occupation of orderly in a retirement home	15
AEP 757-022	Recognize how to intervene in such a way that is sensitive to the specific needs and abilities of the elderly	30
AEP 757-031	Prevent infection and contamination in a retirement home	15
AEP 757-042	Respond in emergency situations	30
AEP 757-055	Provide personal care and assist with activities of daily living	75
AEP 757-061	Assess personal limitations with respect to administering medications and to invasive assistive care related to activities of daily living	15

Recognition of acquired competencies is possible for candidates enrolled in the *Institutional and Home Care Assistance* program of study.

Documentation available upon request

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| <input type="checkbox"/> Work Situation or Profession Analysis Report (Rapport de l'AST ou de l'AP) | <input checked="" type="checkbox"/> Program of Study (Programme d'études) | <input checked="" type="checkbox"/> RAC Tools (Instrumentation RAC) |
| <input type="checkbox"/> Proposed Training Plan (Projet de formation) | <input checked="" type="checkbox"/> Organizational Guide (Guide d'organisation) | |
| <input checked="" type="checkbox"/> Harmonization Table (Tableau d'harmonisation) | <input checked="" type="checkbox"/> Evaluation Framework (Cadre d'évaluation) | |